

HOLIDAY BREAK BUCKET LIST



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PLAN YOUR HOLIDAY MEAL. GET THOSE OATS IN THE SLOW COOKER SO THEY'RE READY FOR THE MORNING.

CURL UP ON THE COUCH FOR A MOVIE MARATHON AND HOMEMADE MINT HOT COCOA

ENJOY HOLIDAY BREAKFAST WITH YOUR FAMILY

GET OUTSIDE! GRAB YOUR BOOTS AND GLOVES AND SLED THE DAY AWAY.

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SPEND NEW YEAR'S EVE MAKING PERSONALIZED MILK MUGS WITH THE KIDS. RESOLVE TO DRINK MORE MILK!

RING IN THE NEW YEAR WITH DELICIOUS BREAKFAST PUDDING. LEARN WHY MILK'S PROTEIN WINS, AND HOW IT WILL HELP KEEP YOU HEALTHY AND STRONG IN 2014!

